

## October 2023



TOGETHER, WE GAN DELIVER.	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Indiantown Congregate	1	2 Senior Fitness 11:00 am	3 Arts & Crafts 11:00 am	4 COAMC IMEP 10:30 a m	5 Bingo 11:00 a m	6 COAMC IMEP 10:30 am	7
Meal Site  Indiantown Civic Center	8	9 Senior Fitness 11:00 am	10 Bingo 11:00 am	COAMC IMEP 10:30am	12 Cold Lunch 11:30 am	13 COAMC IMEP 10:30 am	1 4
15675 SW Osceola Street Indiantown, FL 34956	15	16 Senior Fitness 11:00 am	17 Arts & Crafts 11:00 am	18 COAMC IMEP 10:30 am	19 Halloween Party 11:00 am	20 COAMC IMEP 10:30 am	2 1
Meal Site Manager Milton Williams,	2 2	23 Senior Fitness 11:00 am	24 Homeo Stasis & Kidneys 11:30 am	25 COAMC IMEP 10:30 a m	26 Nutrition Education 11:30 am	27 COAMC IMEP 10:30 a m	2 8
Meal Site Supervisor Frank Jackson 772-834-4236	29	30 Senior Fitness 11:00 am	31 Bingo 11:00 am		Kane Cer		5