

# October 2023



Sun Mon Tue Wed Thu Fri Sat

|    |   |  |  |  |  |    |
|----|---|--|--|--|--|----|
| 1  | 2<br>Bingo<br>11:30 am  | 3<br>Trivia<br>11:30 am  | 4<br>Arts & Crafts<br>11:00 am   | 5<br>Bingo<br>11:30 am                   | 6<br>Senior Fitness<br>11:00 am<br> | 7  |
| 8  | 9<br>Bingo<br>11:30 am<br> | 10<br>Trivia<br>11:30 am   | 11<br>Cold Lunch<br>11:30 am   | 12<br>Bingo<br>11:30 am                  | 13<br>Senior Fitness<br>11:00 am   | 14 |
| 15 | 16<br>Bingo<br>11:30 am   | 17<br>Trivia<br>11:30 am   | 18<br>Arts & Crafts<br>11:00 am<br> | 19<br>Homeo Stasis & Kidneys<br>11:30 am | 20<br>Senior Fitness<br>11:00 am   | 21 |
| 22 | 23<br>Bingo<br>11:30 am   | 24<br>Luau Party<br>11:30 am<br>        | 25<br>Trivia<br>11:30 am   | 26<br>Bingo<br>11:30 am                  | 27<br>Senior Fitness<br>11:00 am   | 28 |
| 29 | 30<br>Bingo<br>11:30 am   | 31<br>Halloween Party<br>11:00 am<br> |                                     |  |  |    |

**East Stuart Congregate Meal Site**

Stuart Recreation Center  
724 E. 10th Street  
Stuart, FL 34994

Meal Site Manager  
Mae Aumoithe,  
Meal Site Supervisor  
Frank Jackson  
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