

# September 2023 The Club

Memory Enhancement Program  
Monday – Friday 9:00 a.m. — 1:00

Sun	Mon (Open 7:30-5)	Tue (Open 7:30-5)	Wed (Open 7:30-5)	Thu (Open 7:30-5)	Fri (Open 7:30-5)	Sat
					<b>1 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Violinist Ian Wilkinson</li> <li><b>Sing-a-long</b></li> </ul>	<b>2</b>
<b>3</b>		<b>5 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Patio Brain Trivia</li> <li>Chair fitness with Donna</li> <li>Music with Juan</li> <li><b>Sing-a-long</b></li> </ul>	<b>6 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Misty Pals</li> <li>Drum circle with Kevin</li> <li><b>Sing-a-long</b></li> </ul>	<b>7 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Patio Trivia</li> <li>Brain &amp; Body Fitness</li> <li>Chair fitness with Donna</li> <li>Music with Carla</li> <li><b>Sing-a-long</b></li> </ul>	<b>8 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Music with Franky P</li> <li><b>Sing-a-long</b></li> </ul>	<b>9</b>
<b>10</b>	<b>11 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>My brother's band</li> <li><b>Sing-a-long</b></li> </ul>	<b>12 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Patio Trivia</li> <li>Brain &amp; Body Fitness</li> <li>Chair fitness with Donna</li> <li>Fire &amp; Desire</li> <li><b>Sing-a-long</b></li> </ul>	<b>13 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Patio Chat</li> <li>Brain &amp; Body Fitness</li> <li>Music with Michelle</li> <li><b>Sing-a-long</b></li> </ul>	<b>14 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Patio Trivia</li> <li>Brain &amp; Body Fitness</li> <li>Chair fitness with Donna</li> <li>Music with the Staff</li> <li><b>Sing-a-long</b></li> </ul>	<b>15 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Jimmy's steel drum</li> <li><b>Sing-a-long</b></li> </ul>	<b>16</b>
<b>17</b>	<b>18 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Music with Silarel</li> <li><b>Sing-a-long</b></li> </ul>	<b>19 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Patio Trivia</li> <li>Brain &amp; Body Fitness</li> <li>Chair fitness with Donna</li> <li>Drum circle with Kevin</li> <li><b>Sing-a-long</b></li> </ul>	<b>20 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio chat</li> <li>Misty Pals</li> <li>Fire &amp; Desire</li> <li><b>Sing-a-long</b></li> </ul>	<b>21 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Patio Chat</li> <li>Brain &amp; Body Fitness</li> <li>Chair fitness with Donna</li> <li>Lets rock out with Vito</li> <li><b>Sing-a-long</b></li> </ul>	<b>22 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Patio Chat</li> <li>Brain &amp; Body Fitness</li> <li>Music with Franky P</li> <li><b>Sing-a-long</b></li> </ul>	<b>23</b>
<b>24</b>	<b>25 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Music with Michelle</li> <li><b>Sing-a-long</b></li> </ul>	<b>26 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Patio Trivia</li> <li>Brain &amp; Body Fitness</li> <li>Chair fitness with Donna</li> <li>Tailwind Trails</li> <li><b>Sing-a-long</b></li> </ul>	<b>27 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Jimmy's steel drum</li> <li><b>Sing-a-long</b></li> </ul>	<b>28 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Chair fitness with Donna</li> <li>Lets rock out with Vito</li> <li><b>Sing-a-long</b></li> </ul>	<b>29 Afternoon Activities</b> <ul style="list-style-type: none"> <li>Brain &amp; Body Fitness</li> <li>Patio Chat</li> <li>Chair fitness with Donna</li> <li>Fire &amp; Desire</li> <li><b>Sing-a-long</b></li> </ul>	<b>30</b>

## Morning Programs

### Brain Fitness

9:00 PM-1:00 PM

Brain Fitness

Exercise Classes

Lunch: 12:00 -12:30 PM

## Afternoon Programs

2:00 PM-3:00 PM

BINGO WITH PRIZES

TRIVIA/GAMES

3:00 PM – 5:00 PM

Reminiscent Club

ENTERTAINMENT

1:00 PM-2:00 PM

**Holiday Dinner Dance**  
tickets are now on sale!

Special Thanks to Our  
Entertainers For Donat-  
ing Their Time & Re  
sources

### Contact

Main: 772-223-7844

Transportation: 772-223-7855

[www.kanecenter.org](http://www.kanecenter.org)