

March 2023 The Club

Memory Enhancement Program
Monday – Friday 9:00 a.m. — 1:00

Sun	Mon (Open 7:30-5)	Tue (Open 7:30-5)	Wed (Open 7:30-5)	Thu (Open 7:30-5)	Fri (Open 7:30-5)	Sat
			1 Afternoon Activities <ul style="list-style-type: none"> • Brain & Body Fitness • Patio Chat • Drum circle with Kevin • Sing-a-long 	2 Afternoon Activities <ul style="list-style-type: none"> • Brain & Body Fitness • Patio Chat • Music with Carla • Sing-a-long 	3 Afternoon Activities <ul style="list-style-type: none"> • Brain & Body Fitness • Patio Chat • Music with Franky P • Sing-a-long 	4
5	6 Afternoon Activities <ul style="list-style-type: none"> • Brain & Body Fitness • Patio Chat • Michael & Sherry • Sing-a-long 	7 Afternoon Activities <ul style="list-style-type: none"> • Patio Brain Trivia • Chair fitness with Donna • My brothers band • Sing-a-long 	8 Afternoon Activities <ul style="list-style-type: none"> • Brain & Body Fitness • Patio Chat • Misty pals • Lets rock it out with Vito • Sing-a-long 	9 Afternoon Activities <ul style="list-style-type: none"> • Patio Trivia • Chair Fitness with Donna • Jimmy and his steel drum • Sing-a-long 	10 Afternoon Activities <ul style="list-style-type: none"> • Brain & Body Fitness • Patio Chat • Violinist Ian • Sing-a-long 	11
12	13 Afternoon Activities <ul style="list-style-type: none"> • Brain & Body Fitness • Patio Chat • Stand up comedy with Patrick • Sing-a-long 	14 Afternoon Activities <ul style="list-style-type: none"> • Patio Trivia • Brain & Body Fitness • Chair fitness with Donna • Bruce & Sandra Lipmann • Sing-a-long 	15 Afternoon Activities <ul style="list-style-type: none"> • Patio Chat • Brain & Body Fitness • Birthday celebration with Daryl • Sing-a-long 	16 Afternoon Activities <ul style="list-style-type: none"> • Patio Trivia • Brain & Body Fitness • Chair fitness with Donna • Michael and Sherry • Sing-a-long 	17 Afternoon Activities <ul style="list-style-type: none"> • Brain & Body Fitness • Patio Chat • Music with Franky P • ADC Spring Dance 6pm-8:30pm • Sing-a-long 	18
19	20 Afternoon Activities <ul style="list-style-type: none"> • Brain & Body Fitness • Patio Chat • Lets rock it out with Vito • Sing-a-long 	21 Afternoon Activities <ul style="list-style-type: none"> • Patio Trivia • Chair fitness with Donna • Drum circle with Kevin • Sing-a-long 	22 Afternoon Activities <ul style="list-style-type: none"> • Patio chat • Misty pals • Jimmy and his steel drum • Sing-a-long 	23 Afternoon Activities <ul style="list-style-type: none"> • Patio Chat • Chair fitness with Donna • Music with Carla • Sing-a-long 	24 Afternoon Activities <ul style="list-style-type: none"> • Patio Chat • Brain & Body Fitness • Music with Sue Blue • Sing-a-long 	25
26	27 Afternoon Activities <ul style="list-style-type: none"> • Brain & Body Fitness • Patio Chat • Michael & Sherry • Sing-a-long 	28 Afternoon Activities <ul style="list-style-type: none"> • Discussion Group • Patio Trivia • Chair fitness with Donna • Sing-a-long 	29 Afternoon Activities <ul style="list-style-type: none"> • Brain & Body Fitness • Patio Chat • My brothers band • Sing-a-long 	30 Afternoon Activities <ul style="list-style-type: none"> • Brain & Body Fitness • Patio Chat • Chair fitness with Donna • Music with Sue Blue • Sing-a-long 	31 Afternoon Activities <ul style="list-style-type: none"> • Brain & Body Fitness • Patio Chat • Music with Franky P • Sing-a-long 	

Morning Programs

Brain Fitness

9:00 PM-1:00 PM

Brain Fitness

Exercise Classes

Lunch: 12:00 -12:30 PM

Afternoon Programs

2:00 PM-3:00 PM

BINGO WITH PRIZES

TRIVIA/GAMES

3:00 PM – 5:00 PM

Reminiscent Club

ENTERTAINMENT

1:00PM-2:00PM

**MARCH 17th ADC
SPRING DANCE**

Special Thanks to Our
Entertainers For Donat-
ing Their Time & Re
sources

Contact

Main: 772-223-7844

Transportation:772-223-7855

www.kanecenter.org