

LECTURES & WORKSHOPS



PART OF THE SENIOR DINING CENTER PROGRAM

Log Cabin Senior Center • 2369 NE Dixie Hwy. • Jensen Beach, FL 34957 • 772.834.4236

MARCH 2023

ALL EVENTS ARE FREE TO ATTEND. CALL FRANK AT 772.834.4236 TO REGISTER.



Meet the Martin County Library System

Wednesday, March 1st | 11 a.m. to 12 p.m.

Presented by Ruth Martucci, Aging Population Program Assistant at the Martin County Library System. Learn about all the programs your library has to offer!



Sweet Heart | Florida Department of Health | Wednesday, March 8th

11 a.m. to 12 p.m.

Presented by Wanda R. Frazier. Everything you need to know about heart health!



COVID Vaccine Incentive Program | Treasure Coast Food Bank

Wednesday, March 15th | 11 a.m. to 12 p.m.

Did you know there are incentives available for getting your COVID-19 vaccination? Learn about this program and more available from the Treasure Coast Food Bank.



Medicare Options & Ice Cream Social | Wednesday, March 22nd

11 a.m. to 12 p.m.

Hear from Medicare expert, Nicole Bevino, about options for health insurance when your 65 and better. Explore potential benefits that you may be entitled to through Medicare.



Senior Dining Center Meet & Greet | Council on Aging of Martin County

Wednesday, March 29th | 11 a.m. to 12 p.m.

Stop by and speak with Frank Jackson, Meal Site Supervisor for the Council on Aging. Learn all about the Log Cabin Dining Center program.