December 2022 The Club

Memory Enhancement Program

Monday – Friday 9:00 a.m. — 1:00

Sun	Mon (Open 7:30-5)	Tue (Open 7:30-5)	Wed (Open 7:30-5)	Thu (Open 7:30-5)	Fri (Open 7:30-5)	Sat
				1 Afternoon Activities • Brain & Body Fitness • Patio Chat • Chair fitness with Donna • Let's rock out with Vito • Sing-a-long	**2** Afternoon Activities • Brain & Body Fitness • Patio Chat • My Brothers Band • Sing-a-long	**3**
4	**5** Afternoon Activities • Brain & Body Fitness • Patio Chat • Music with Sue Blue • Sing-a-long	**6** Afternoon Activities • Patio Brain Trivia • Chair fitness with Donna • Jimmy's steel drum • Sing-a-long	**7** Afternoon Activities • Brain & Body Fitness • Patio Chat • Drum Circle with Kevin • Sing-a-long	**8** Afternoon Activities • Patio Trivia • Chair fitness with Donna • Sing-a-long	**9** Afternoon Activities • Patio Brain Trivia • Sing-a-long • Music with Franky P	
11	**12** Afternoon Activities • Discussion Group • Patio Trivia • Violinist Ian Wilkinson • Sing-a-long	**13** Afternoon Activities • Patio Trivia • Brain & Body Fitness • Chair fitness with Donna • Music with Cade • Sing-a-long	**14** Afternoon Activities • Patio Chat • Brain & Body Fitness • Misty Pals • Let's rock out with Vito • Sing-a-long	**15** Afternoon Activities • Patio Trivia • Brain & Body Fitness • Chair fitness with Donna • Jimmy's steel drum • Sing-a-long	**16** Afternoon Activities • Brain & Body Fitness • Patio Chat • Music with Franky P • Christmas dinner and dance. 6-8:30pm • .Sing-a-long	**17**
18	**19** Afternoon Activities • Brain & Body Fitness • Patio Chat • Music with Sue Blue • Sing-a-long	**20** Afternoon Activities • Brain & Body Fitness • Chair fitness with Donna • Drum Circle with Kevin • Sing-a-long	**21** Afternoon Activities • Brain & Body Fitness • Patio Chat • Christmas with the staff • Sing-a-long	**22** Afternoon Activities • Brain & Body Fitness • Patio Chat • Chair fitness with Donna • Sing-a-long	**23** Afternoon Activities • Brain & Body Fitness • Patio Chat • Birthday Celebration with Daryl • Sing-a-long	**24**
25		**27** Afternoon Activities • Brain & Body Fitness • Patio Chat • Chair fitness with Donna • Music with Cade • Sing-a-long	**28** Afternoon Activities • Brain & Body Fitness • Patio Chat • Misty Pals • My brothers band • Sing-a-long	**29** Afternoon Activities • Brain & Body Fitness • Patio Chat • Chair fitness with Donna • Music with Sue Blue • Sing-a-long	**30** Afternoon Activities • Brain & Body Fitness • Patio chat • Sing-a-long	**31**

Morning Programs

Brain Fitness

9:00 AM-1:00 PM

Brain Fitness

Exercise Classes

Lunch: 12:00 -12:30 PM

Afternoon Programs

2:00 PM-3:00 PM

BINGO WITH PRIZES

TRIVIA/GAMES

3:00 PM – 5:00 PM

Reminiscent Club

ENTERTAINMENT

1:00PM-2:00PM

Happy holidays!

Special Thanks to Our Entertainers For Donating Their Time & Resources

Contact

Main: 772-223-7844

Transportation:772-223-7855

www.kanecenter.org