



May 2019



Kane Center

		5/1/19	5/2/19	5/3/19
		BEEF PATTY MELT w/onions & cheese MASHED POTATOES GREEN BEANS BREAD MANDARIN ORANGES+ MARGARINE MILK	ROSEMARY PORK GARLIC HERB POTATOES BRUSSEL SPROUTS+ BREAD JELLO W/FRUIT MARGARINE MILK	ENCHILADA CASSEROLE BROWN RICE & BEANS ORIENTAL VEGETABLES+ BREAD PEACHES MARGARINE MILK
5/6/19	5/7/19	5/8/19	5/9/18	5/10/19
BEEF STROGANOFF BUTTERED NOODLES CALIFORNIA BLEND BREAD FRUIT COCKTAIL MARGARINE MILK	TURKEY/GRAVY MASHED POTATOES SICILIAN BLEND VEGGIES*+ BREAD PINEAPPLE MARGARINE MILK	CHILI OVER RICE CORN NIBLETS BRAISED SPINACH* BREAD APPLE SAUCE MARGARINE MILK	POLISH SAUSAGE BRAISED CABBAGE+ POTATOES & 1/2 CUP BAKED BEANS HOT DOG ROLL SLICED PEACHES* MARGARINE MILK	CHICKEN PARMESAN w 1/2 C PASTA SUMMER SQUASH GREEN BEANS BREAD FRUIT CUP + BANANA MARGARINE MILK
5/13/19	5/14/19	5/15/19	5/16/19	5/17/19
TERIYAKI CHICKEN RICE* SAUTEED GREEN BEANS+ SAUTEED CARROTS+ BREAD MANDARIN ORANGES+ MARGARINE MILK	SWEDISH MEATBALLS RICE BRAISED CABBAGE+ PEAS AND CARROTS* BREAD APPLE SICES MARGARINE MILK	BEEF STEW MASHED POTATOES* BABY GREEN PEAS + BREAD FRUIT COCKTAIL + MARGARINE MILK	GARLIC ROSEMARY TURKEY ROASTED RED POTATOES* SAUTEED GREEN BEANS+ BREAD PINEAPPLE TIDBITS MARGARINE MILK MILK	BEEF PATTY w/MUSHROOMS & ONIONS CRISPY CUBED POTATOES SPINACH* HAMBURGER BUN JELLO W/FRUIT+ MARGARINE MILK
5/20/19	5/21/19	5/22/19	5/23/19	5/24/19
MEATLOAF MASHED POTATOES CHOPPED SPINACH* BREAD MANDARIN ORANGES+ MARGARINE MILK	CHICKEN IN WINE SAUCE RICE* BEETS BROCCOLI AND CARROTS+ BREAD JELLO W/FRUIT+ MARGARINE MILK	BAKED HAM ROAST YAMS* COLLARD GREENS+ BREAD APPLE SAUCE MARGARINE MILK	LEMON CHICKEN RICE BRUSSEL SPROUTS+ PEAS AND CARROTS BREAD BANANA MARGARINE MILK	MEATBALL MARINARA SPAGHETTI CAULIFLOWER FLORETS+ SPRING SQUASH BREAD PEARS MARGARINE MILK
5/27/19	5/28/19	5/29/19	5/30/19	5/31/19
CLOSED FOR MEMORIAL DAY	DICED HAM MAC &CHEESE STEWED TOMATOES BABY GREEN PEAS+ BREAD MANDARIN ORANGES+ MARGARINE MILK	TURKEY/GRAVY MASHED POTATOES SICILIAN BLEND VEGGIES*+ BREAD PINEAPPLE MARGARINE MILK	SOUTHERN PULLED PORK BBQ BAKED BEANS SAUTEED COLLARD GREENS*+ BREAD PEARS MARGARINE MILK	SALISBURY STEAK RED GARLIC POTATOES BROCCOLI & CARROTS*+ BREAD CINNAMON APPLES MARGARINE MILK

MEALS SERVED WITH 2% MILK
MENU SUBJECT TO CHANGE
WITHOUT NOTICE

Meal Pattern Requirement (meal provide minimum 1/3 RDA)
Meat or alternative = 3oz cooked; vegetables and fruit =3(1/2c) portions
Bread or equivalent=1 serving; Fat=1t, Milk=8oz
*denotes vitamin A requirement. +denotes vitamin C requirements
PLEASE TURN MENU OVER FOR THIS MONTH'S NUTRITION EDUCATION

WE VALUE YOUR OPINION
PLEASE CALL 223-7848
OR 223-7826 WITH YOUR
FEEDBACK...WE LOVE TO HEAR
FROM YOU!