

Sun	Mon (Open 7:30-5)	Tue (Open 7:30-5)	Wed (Open 7:30-5)	Thu (Open 7:30-5)	Fri (Open 7:30-5)	Sat (Open 8:30-4)
			1 Afternoon Activities <ul style="list-style-type: none"> History Series Brain Integration Resistance Training Poker Club Golden Oldies 	2 Afternoon Activities <ul style="list-style-type: none"> Veterans Club Brain Integration Sports Fitness Poker Club Bingo 	3 Afternoon Activities <ul style="list-style-type: none"> Travelodge Brain Integration Zumba Poker Club Bible Study 	4 Afternoon Activities <ul style="list-style-type: none"> Trivia Sing-a-Long Chair Exercises Brain Integration Golf
5	6 Afternoon Activities <ul style="list-style-type: none"> Brain Integration Discussion Group Poker Club Crafts w/ Liz 30 Day Challenge Patio Chat 	7 Afternoon Activities <ul style="list-style-type: none"> Veterans Club Brain Integration DOO WOP PROM W/ DARYL MAGILL FRIENDS & FAMILY WELCOME! 12:30-1:45	8 Afternoon Activities <ul style="list-style-type: none"> History Series Brain Integration Resistance Training Golden Oldies KARAOKE W/ JIMMY & FRIENDS	9 Afternoon Activities <ul style="list-style-type: none"> Veterans Club Brain Integration Bingo Poker Club Bob & Dee Polka Music	10 Afternoon Activities <ul style="list-style-type: none"> Travelodge Brain Integration Zumba Golf Bible Study Dance w/Frankie P.	11 Afternoon Activities <ul style="list-style-type: none"> Golf Chair Exercises Brain Integration Sing-a-long Bingo
12	13 Afternoon Activities <ul style="list-style-type: none"> Brain Integration Discussion Group 30 Day Challenge Poker Club Crafts w/ Liz Patio Chat 	14 Afternoon Activities <ul style="list-style-type: none"> Veterans Club Brain Integration Chair Fitness Poker Club Bingo VISIONARY ART	15 Afternoon Activities <ul style="list-style-type: none"> Brain Integration Resistance Training History Series Poker Club Golden Oldies Bingo 	16 Afternoon Activities <ul style="list-style-type: none"> Veterans Club Brain Integration Sports Fitness Poker Club Bingo Patio Chat 	17 Afternoon Activities <ul style="list-style-type: none"> Travelodge Brain Integration Poker Club Zumba Patio Chat Bible Study 	18 Afternoon Activities <ul style="list-style-type: none"> Trivia Sing-a-Long Chair Exercises Brain Integration Golf Poker
19	20 Afternoon Activities <ul style="list-style-type: none"> Brain Integration Discussion Group Crafts w/ Liz 30 Day Challenge Poker Club Patio Chat 	21 Afternoon Activities <ul style="list-style-type: none"> Veterans Club Brain Integration Patio Chat Poker Club Chair Fitness 	22 Afternoon Activities <ul style="list-style-type: none"> History Series Brain Integration Resistance Training Poker Club Golden Oldies Bingo 	23 Afternoon Activities <ul style="list-style-type: none"> Veterans Club Brain Integration Poker Club Bingo Sports Fitness AYCOCK BIRTHDAY PARTY	24 Afternoon Activities <ul style="list-style-type: none"> Travelodge Brain Integration Chair Fitness Poker Club Bible Study Dance w/Frankie P.	25 CLOSED IN OBSERVANCE OF MEMORIAL DAY
26	27 CLOSED IN OBSERVANCE OF MEMORIAL DAY	28 Afternoon Activities <ul style="list-style-type: none"> Veterans Club Brain Integration Poker Club Chair Fitness Bingo Patio Chat VISIONARY ART	29 Afternoon Activities <ul style="list-style-type: none"> History Series Brain Integration Resistance Training Poker Club Patio Chat Golden Oldies Bingo 	30 Afternoon Activities <ul style="list-style-type: none"> Veterans Club Brain Integration Poker Club Bingo Sports Fitness SPRING DANCE W/ANNIE	31 Afternoon Activities <ul style="list-style-type: none"> Travelodge Brain Integration Chair Fitness Poker Club Patio Chat Bible Study 	

Morning Programs

9:30-11:45 am

- Brain Fitness 9:30-10:30am
- Trivia
- Discussion Groups
- Puzzlers
- News & Debate
- Exercise 10:30-11:45 am
- Weight Lifting
- Chair Aerobics
- Strength & Conditioning

Lunch: 12:00 pm-12:30 pm

Afternoon Program: 12:30-5:00pm

Activity options vary daily.

Thank you to the following entertainers for donating their time and resources.

Aycock Funeral Home

Bob & Dee

Frankie P.

Old Hippies

Joette Giorgis

Daryl Magill

Bruce & Sandra

Betty Reid & Dave

Jimmy & Friends

CLOSED SUNDAYS

900 SE Salerno Road
Stuart, FL 34997

Main : 772.223.7844

Transport: 772.223.7855

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