



March 2019



				3/1/19
				BEEF PATTY w/MUSHROOMS & ONIONS CRISPY CUBED POTATOES SPINACH* HAMBURGER BUN JELLO W/FRUIT+ MARGARINE MILK
3/4/19	3/5/19	3/6/19	3/7/19	3/8/19
CHILI OVER RICE CORN NIBLETS BRAISED SPINACH* BREAD APPLE SAUCE MARGARINE MILK	POLISH SAUSAGE BRAISED CABBAGE+ POTATOES & 1/2 CUP BAKED BEANS HOT DOG ROLL SLICED PEACHES* MARGARINE MILK	BEEF STEW MASHED POTATOES* BABY GREEN PEAS + BREAD FRUIT COCKTAIL + MARGARINE MILK	CHICKEN PARMESAN w 1/2 C PASTA SUMMER SQUASH GREEN BEANS BREAD FRUIT CUP + BANANA MARGARINE MILK	ROAST PORK W/APPLES RED ROASTED POTATOES BRAISED SPINACH BREAD BANANA MARGARINE MILK
3/11/19	3/12/19	3/13/19	3/14/19	3/15/19
BEEF STROGANOFF BUTTERED NOODLES CALIFORNIA BLEND BREAD FRUIT COCKTAIL MARGARINE MILK	CHICKEN IN WINE SAUCE RICE* BEETS BROCCOLI AND CARROTS+ BREAD JELLO W/FRUIT+ MARGARINE MILK	MEATLOAF MASHED POTATOES CHOPPED SPINACH* BREAD MANDARIN ORANGES+ MARGARINE MILK	LEMON CHICKEN RICE BRUSSEL SPROUTS+ PEAS AND CARROTS BREAD BANANA MARGARINE MILK	BAKED HAM ROAST YAMS* COLLARD GREENS+ BREAD APPLE SAUCE MARGARINE MILK
3/18/19	3/19/19	3/20/19	3/21/19	3/22/19
MEATBALL MARINARA SPAGHETTI CAULIFLOWER FLORETS+ SPRING SQUASH BREAD PEARS MARGARINE MILK	SOUTHERN PULLED PORK BBQ BAKED BEANS SAUTEED COLLARD GREENS*+ BREAD PEARS MARGARINE MILK	SALISBURY STEAK RED GARLIC POTATOES BROCCOLI & CARROTS*+ BREAD CINNAMON APPLES MARGARINE MILK	CHICKEN CACCIATORE PASTA MIXED VEGETABLES *+ BREAD ORANGE MARGARINE MILK	DICED HAM MAC & CHEESE STEWED TOMATOES BABY GREEN PEAS+ BREAD MANDARIN ORANGES+ MARGARINE MILK
3/25/19	3/26/19	3/27/19	3/28/19	3/29/19
TURKEY/GRAVY MASHED POTATOES SICILIAN BLEND VEGGIES*+ BREAD PINEAPPLE MARGARINE MILK	MEAT & VEGETABLE LASAGNA SAUTEED CARROTS * CAULIFLOWER FLORETS+ BREAD PEARS MARGARINE MILK	ROSEMARY PORK GARLIC HERB POTATOES BRUSSEL SPROUTS+ BREAD JELLO W/FRUIT MARGARINE MILK	ORANGE CHICKEN RICE ORIENTAL VEGETABLES+ BREAD FRESH FRUIT COCKTAIL MARGARINE MILK	ENCHILADA CASSEROLE BROWN RICE & BEANS ORIENTAL VEGETABLES+ BREAD PEACHES MARGARINE MILK
Meal Pattern Requirement: (Meals provide a minimum of 1/3 RDA). Meat or alternative = 3oz cooked, edible portion Vegetables and Fruit= 3(1/2) portions Bread or equivalent = 1 serving Fat = 1 teaspoon				
<b>MEALS SERVED WITH 2% MILK</b> <b>MENU SUBJECT TO CHANGE WITHOUT NOTICE</b>				