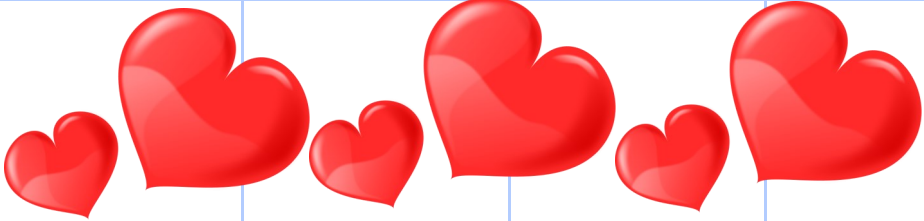


# February 2019 The Club Activities

Integrated Memory Enhancement Program

Monday –Friday 9:00 a.m. — 2:00 p.m.

Sun	Mon (Open 7:30-5)	Tue (Open 7:30-5)	Wed (Open 7:30-5)	Thu (Open 7:30-5)	Fri (Open 7:30-5)	Sat (Open 8:30-4)	Daily Recurring Activities
					<b>1 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Travelodge</li> <li>• Brain Integration</li> <li>• Zumba</li> <li>• Poker Club</li> </ul> <p style="text-align: center;"><i>Bruce &amp; Sandra</i></p>	<b>2 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Trivia</li> <li>• Sing-a-Long</li> <li>• Chair Exercises</li> <li>• Brain Integration</li> <li>• Golf</li> </ul>	<p>• Morning Program 9:30am - 11:45am</p> <p>• Brain Fitness 9:30-10:30 am</p> <p>• Weight Lifting</p> <p>• Chair Aerobics</p> <p>• Strength &amp; Conditioning</p> <p>• Exercise 10:30-11:45 am</p> <p>• Trivia</p> <p>• Discussion Groups</p> <p>• Puzzles</p> <p>• News &amp; Debate</p> <p style="color: red;">Lunch: 12:00 pm-12:30 pm</p> <p>Afternoon Program: 12:30-5:00pm</p> <p>Activity options vary daily.</p> <p style="text-align: center;"><i>Thank you to the following entertainers for donating their time and resources.</i></p> <p style="text-align: center;"><b>Aycock Funeral Home</b></p> <p style="text-align: center;"><i>Frankie P.</i></p> <p style="text-align: center;"><b>Old Hippies</b></p> <p style="text-align: center;"><b>Joette Giorgis</b></p> <p style="text-align: center;"><b>Daryl Magill</b></p> <p style="text-align: center;"><b>Tunes by Tony</b></p> <p style="text-align: center;"><b>Betty Reid &amp; Dave</b></p> <p style="text-align: center;"><b>Jimmy &amp; Friends</b></p> <p style="text-align: center;"><b>CLOSED SUNDAYS</b></p> <p>900 SE Salerno Road Stuart, FL 34997 Main : 772.223.7844 Transport: 772.223.7855 www.kanecenter.org</p>
3	<b>4 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Brain Integration</li> <li>• Discussion Group</li> <li>• Poker Club</li> <li>• Crafts w/ Liz</li> <li>• 30 Day Challenge</li> </ul> <p style="text-align: center;"><i>Old Hippies</i></p>	<b>5 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Veterans Club</li> <li>• Brain Integration</li> <li>• Poker Club</li> <li>• Bingo</li> <li>• Chair Fitness</li> <li>• Golf</li> </ul>	<b>6 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• History Series</li> <li>• Brain Integration</li> <li>• Resistance Training</li> <li>• Poker Club</li> </ul> <p style="text-align: center;"><i>Karaoke w/Jimmy &amp; Friends</i></p>	<b>7 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Veterans Club</li> <li>• Brain Integration</li> <li>• Bingo</li> <li>• Poker Club</li> </ul> <p style="text-align: center;"><i>Bob &amp; Dee Polka Music</i></p>	<b>8 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Travelodge</li> <li>• Brain Integration</li> </ul> <p style="text-align: center;"><i>Sweetheart Dance Frankie P. Friends &amp; Family Welcome!</i></p>	<b>9 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Golf</li> <li>• Chair Exercises</li> <li>• Brain Integration</li> <li>• Sing-a-long</li> <li>• Bingo</li> </ul>	
10	<b>11 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Brain Integration</li> <li>• Discussion Group</li> <li>• 30 Day Challenge</li> <li>• Poker Club</li> <li>• Crafts w/ Liz</li> <li>• Patio Chat</li> </ul>	<b>12 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Veterans Club</li> <li>• Brain Integration</li> <li>• Chair Fitness</li> <li>• Poker Club</li> </ul> <p style="text-align: center;"><b>VISIONARY ART</b> <i>Sing w/Joette Giorgis</i></p>	<b>13 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Brain Integration</li> <li>• Resistance Training</li> <li>• History Series</li> <li>• Poker Club</li> <li>• Patio Chat</li> </ul>	<b>14 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Veterans Club</li> <li>• Brain Integration</li> <li>• Sports Fitness</li> <li>• Poker Club</li> </ul> <p style="text-align: center;"><i>Valentines Dance-Betty Reid &amp; Dave</i></p>	<b>15 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Travelodge</li> <li>• Brain Integration</li> <li>• Poker Club</li> <li>• Bingo</li> <li>• Golf</li> <li>• Zumba</li> </ul>	<b>16 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Trivia</li> <li>• Sing-a-Long</li> <li>• Chair Exercises</li> <li>• Brain Integration</li> <li>• Golf</li> <li>• Poker</li> </ul>	
17	<b>CLOSED</b>	<b>19 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Veterans Club</li> <li>• Brain Integration</li> <li>• Patio Chat</li> <li>• Poker Club</li> <li>• Chair Fitness</li> </ul>	<b>20 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• History Series</li> <li>• Brain Integration</li> <li>• Resistance Training</li> <li>• Poker Club</li> <li>• Patio Trivia</li> </ul>	<b>21 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Veterans Club</li> <li>• Brain Integration</li> <li>• Poker Club</li> <li>• Bingo</li> <li>• Sports Fitness</li> </ul> <p style="text-align: center;"><b>AYCOCK BIRTHDAY PARTY</b></p>	<b>22 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Travelodge</li> <li>• Brain Integration</li> <li>• Chair Fitness</li> </ul> <p style="text-align: center;"><i>Dance w/Frankie P. Cynthia Ryder</i></p>	<b>23 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Golf</li> <li>• Chair Exercises</li> <li>• Brain Integration</li> <li>• Sing-a-long</li> <li>• Bingo</li> </ul>	
24	<b>25 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Brain Integration</li> <li>• Discussion Group</li> <li>• Chair Fitness</li> <li>• Poker Club</li> <li>• Crafts w/ Liz</li> <li>• Patio Chat</li> </ul>	<b>26 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Veterans Group-</li> <li>• Brain Integration</li> <li>• Poker Club</li> <li>• Chair Fitness</li> <li>• Bingo</li> </ul> <p style="text-align: center;"><i>Bruce &amp; Sandra</i> <b>VISIONARY ART</b></p>	<b>27 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• History Series</li> <li>• Brain Integration</li> <li>• Patio Chat</li> <li>• Chair Fitness</li> <li>• Poker Club</li> </ul>	<b>28 Afternoon Activities</b> <ul style="list-style-type: none"> <li>• Veterans Group</li> <li>• Brain Integration</li> <li>• Chair Fitness</li> <li>• Poker Club</li> <li>• Patio Chat</li> <li>• Sing a long</li> </ul>			